# **SASE 9 Information: 2021 School Year**

Program website: mcdadepcss.weebly.com

# **Overview**

Your child has been selected to participate in the SASE 9 program next year at PCSS. It will take place in semester 2. The start date of the spring (i.e. second) semester is the same as all PCSS students and will be determined by PCSS administration at a later date. A detailed semester schedule will also be provided at a later date.

Students are expected to participate in ALL in-class and out-of-class aspects of the semester. Many of the curriculum concepts for social studies and science will be integrated into trips and day-activities so attendance is essential for student success. If students will be missing any part of the semester for family events or extracurricular activities, please notify me (Kathleen McDade) as soon as possible (Kathleen.mcdade@yesnet.yk.ca)

# **Parent Meetings**

There will be a Zoom meeting scheduled before the end of this school year to connect with students and parents of next year’s SASE class. Details and a link for the meeting will be emailed out closer to the date. We will discuss the semester schedule, outline proposed trips and discuss student equipment. A parent meeting will also take place at the beginning of child’s SASE 9 semester. During this we will be reviewing and completing various forms together (SASE 9 disclosure form, parent/ guardian consent form, medical form, media form and US customs form).

# **School Outdoor Equipment**

Porter Creek Secondary School has purchased most outdoor equipment that students will need for the SASE 9 semester. The Department of Education and Wood Street School also have some gear that we will use for extended trips. The equipment that you need to borrow or purchase for your child is in the next section.

## Cost for the Program

The cost for the SASE 9 semester is $300.00. This fee covers a variety of activities, transportation to activity sites as well as offsetting the cost of hiring certified assistant leaders for extended trips. Cheques should be made out to Porter Creek Secondary School and should be dropped off at the school office on or before the first day of the SASE semester. Email transfers are also possible and information on how to do this will be sent out later.

# **School Supplies**

On the first day of school students should come prepared with the following school supplies:

* 1 x two inch binder
* Lined paper
* Pencils
* Pens
* Erasers
* Ruler
* Dividers for binders
* Running shoes, shorts and t-shirt (for activities in gym)

***Student Outdoor Equipment***

IMPORTANT NOTES

* Do not purchase any cotton clothing for the outdoors. “Cotton kills” due to its hypothermia inducing qualities.
* Borrow equipment on this list from friends/ family or find good quality second-hand items
* The SASE 9 program has some gear that can be loaned to students for the semester if necessary. Supplies are limited so please try to borrow as much from friends/ family members as possible. Contact Ms. McDade in advance of the semester start date if you can not secure any of the items listed below.
* If you are uncertain about a product you are acquiring or purchasing, contact the SASE 9 teacher

EQUIPMENT

|  |  |  |
| --- | --- | --- |
|  | **Item** | **Notes/ Suggested Brands/ Models** |
|  | 1 whistle on a lanyard | Fox 40 pea-less whistle is best |
|  | 1 pocket knife | Small Leatherman or Swiss Army knife |
|  | 100% synthetic or wool long underwear top  | Any snug fitting base layer that does NOT contain cotton or silk |
|  | 100% synthetic or wool long underwear bottom | Any snug fitting base layer that does NOT contain cotton or silk |
|  | Synthetic pants | Nylon/ polyester blends are ideal |
|  | Multi-purpose shoes or boots | Ensure that shoes/ boots are broken in and do not give blisters; shoes will be used for cycling, hiking and camp |
|  | Winter boots | Warm, sturdy and water resistant; (Ugg style boots not permitted) |
|  | Rubber boots | Insulated rubber boots are ideal; non-insulated boots require a warm insole |
|  | 3 pairs synthetic or wool blend socks | Anything that does NOT contain cotton |
|  | 1 synthetic or wool long sleeve shirt | Comfortable shirt for trips and outdoor activities; NO COTTON! |
|  | 1 x synthetic or wool insulating layer | Fleece jackets or sweaters are lightweight and pack well; wool is also warm when wet but heavier and less packable; NO COTTON! |
|  | Waterproof rain pants | Rubber is more durable but less breathable and less packable; Gore-tex or similar systems are more expensive and more fragile but lighter and more breathable |
|  | Waterproof rain jacket  | Same as for waterproof rain pants; jacket must have hood |
|  | Snow pants | Insulated snow pants or shell pants (i.e. breathable rain pants) plus an insulating layer underneath also work well for the winter |
|  | Winter jacket | Down jacket is ideal because it can be packed on spring/ summer trips but any insulated jacket will do; hoods are important  |
|  | 3 x Mitts and gloves with water-resistant shell cover | Inexpensive mitts are always warmer than expensive gloves; no cotton; shell cover that resists water is essential for both gloves and mitts (note that the shell and liner do not need to separate) |
|  | 2 x toques | Non-cotton variety that have good coverage |
|  | Scarf/ neck warmer | Buff or balaclava are ideal; Non-cotton wrap-style also works |
|  | Closed cell foam sleeping pad or thermarest | Inflatable Thermarest pads or brands with similar models work well; thin closed cell foam pads also work well – they are lighter, less expensive but are slightly more bulky |
|  | Warm sleeping bag (rated at least -15°C) | Sleeping bag must be PACKABLE yet warm – synthetic, down or combination fill; mummy-style are warmest and most compact |
|  | Headlamp | Any brand that works; include extra batteries |
|  | 1 unbreakable eating dish and cutlery | Avoid metal for the winter; Lexan Fairshare mugs are a common favourite among SASE students |
|  | 2 x 1L water bottles with wide screw top lids | BPA-free Nalgene bottles are ideal; anything with a securely sealed lid will do the trick |
|  | 1 Thermos | ~500mL thermos that can be packed along on day trips and extended outings with soup or a hot drink |
|  | 1 x daypack | 25-30L backpack with waist belt for day outings |